

Student Name:

Date:

Job Shadow Host Feedback

Student: Give this form to your job shadow host with a self-addressed envelope. When you get it back, bring it to school to include in your portfolio.

Host: Thank you for hosting the job shadow experience. Please help to evaluate the experience by responding to the following questions. Return to the student using the self-addressed envelope.

Job Shadow Host:

Name of Business:

- | | | |
|--------------------------------------|-----|----|
| • Student arrived on time | Yes | No |
| • Student's attire was appropriate | Yes | No |
| • Student's behavior was appropriate | Yes | No |
| • Student participated as expected | Yes | No |

1. Did you alter your day to accommodate the student? If yes, how?

2. How do you feel this experience benefited the student?

3. What did you enjoy about the day?

4. How could this experience be improved?

5. Would you be willing to participate again? Yes No

6. Would you or a representative of your company be willing to speak to students about your career(s)? Yes No

Student Name:

Date:

Job Shadow Observation

Directions: Print this form and take it with you to complete on the day of the job shadow.



This activity is also available on T-Folio in digital format.

Name of Business:

Job Shadow Host:

Job environment? (circle response)

Where does your job shadow host mainly work?	Inside	Outside
How does your job shadow host work?	Alone	With others
What was the general attire worn by workers?	Casual	Formal
Do the workers wear safety boots, safety glasses, etc.?	Yes	No
Does the job require mostly...	Standing	Sitting
Does the job require work on a computer?	Yes	No
Does the job require special tools?	Yes	No

The Facilities

Lunch/break room	Yes	No
Child care center	Yes	No
Health care/first aid	Yes	No
Outside seating areas	Yes	No
Food available for purchase on site	Yes	No

Student Name:

Date:

Post-Job Shadow Reflection

Directions: Now that you have completed your job shadowing experience, take some time to think about your experience. Complete this form after the job shadow.



This activity is also available on T-Folio in digital format.

Name of Business:

Name of Host:

1. Describe the job site you visited:
2. What kind of work activities did you observe?
3. What did you like best about your job shadowing experience?
4. What did you like the least?
5. What surprised you about the job?
6. Would you consider this career? Why?
7. What are your next steps in planning for your career?

Student Name:

Date:

Job Shadow Student Evaluation

Directions: Complete this form after the job shadow. This is your chance to evaluate the experience and whether or not it was helpful to you.



This activity is also available on T-Folio in digital format.

Name of Business:

Name of Host:

1. Were you able to observe a career that interested you?
2. Did you have enough time to ask your questions?
3. Was there enough time to see the complete work site?
4. Was the experience helpful to you? How?
5. Were you able to assist with any of the work? How?
6. Would you recommend this site to others? Why?
7. How would you improve this experience?