

Name: _____

Date: _____

Preferences Assessment

Directions: Put a checkmark next to the types of **work conditions** you prefer. **Check all the options** that describe you.

1. **Where** do you like to work?

- work indoors
- work outdoors
- work in a city
- work in the country
- have a job where you travel
- have a job where you stay in one place
- in your own home
- work in an office
- work in a shop
- work in a quiet workplace
- work in a noisy workplace

Based on your answers to the above, what are some jobs that might work with your preferences?

2. **When** do you like to work?

- work in the morning
- work in the afternoon
- work at night
- weekdays only
- weekends too

What are some jobs that might work with your time preferences?

- 1.
- 2.
- 3.

3. **Who** do you like to work with?

- work alone
- work on a small team
- work on a big team
- work with people the same age as you
- work with people of different ages
- have a job where you help other people
- have a job where you work with machines, papers, and other things
- supervisors who let you work your own way
- meet new people

- teach other people how to do things
- dress up for work
- wear a uniform to work

What are some jobs that might work with your social preferences?

- 1.
- 2.
- 3.

4. How do you like to work?

- standing up
- sitting down
- moving around
- thinking work
- physical work
- detail important
- detail not important
- job same every day
- job different every day
- important to work fast
- not important to work fast

What are some jobs that match your physical and productivity preferences?

- 1.
- 2.
- 3.

5. What kind of work do you like to do?

- a job that requires only a high school diploma
- a job that requires college
- easy jobs
- challenging jobs
- working with tools
- working with computers
- jobs that require reading
- jobs that require math
- making a list (organized)
- making music
- making art
- selling things
- building things

Based on your preferences, what are some jobs you might like?

- 1.
- 2.
- 3.